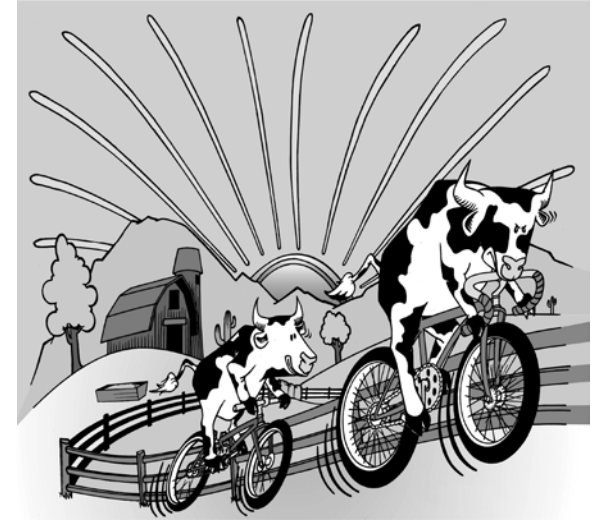


Laveen Country Challenge Bicycle Tour
C/O Laveen Lions
P.O. Box 320
Laveen, AZ 85339

18th ANNUAL
LAVEEN COUNTRY CHALLENGE '10



**100K
30 & 15 Mile
Family Rides**

**SUNDAY
FEBRUARY 21, 2010**

Sponsored by:
**LAVEEN LIONS
FOUNDATION**



Welcome to the 18th Annual Laveen Country Challenge Bicycle Tour, one of Arizona's premier cycling events and a proud tradition in a community where folks take pride in old fashioned spirit of volunteerism. Not only do the residents and community organizations of Laveen put together a great cycling tour that keeps the riders coming back year after year, but we top the event off by preparing and serving the best pit BBQ dinner south of the Rio Salado.

The Laveen Country Challenge offers three rides to appeal to recreational as well as advanced riders. Options include a Family Ride covering 15 leisurely miles, an intermediate 35 Mile Ride, and a 100-kilometer Ride. All three tours travel through the last remaining farmland in the Phoenix area, past dairies, hay and cotton fields, along paved rural roads with South Mountain and the Estrella Range forming a picture perfect back-drop. And at our famously well stocked rest stops you will be greeted by friendly volunteers who will offer traditional fresh fruit and Gatorade as well as tantalizing baked goods delivered from local bakers.

When you complete your ride and return to Laveen Elementary School (where you started) you will enjoy our famous Old Fashioned Pit Barbecue, a meal our community has served up for over 50 years. After a great day of riding and a wonderful meal, you'll be able to sit for a while and enjoy live entertainment, shop at a country crafts sale and stroll past 4-H, antique cars and farm machinery displays.

The Laveen community is the main beneficiary of this event as all the proceeds of the Laveen Country Challenge are distributed to programs in the community by the Laveen Lions Foundation. So come out and visit the friendly folks of Laveen, bring along the family, and have a full day of fun, food, and exercise.

For further information, call the ride hotline: **602.243.9403**, email: countrychallenge@laveenlions.org or visit our website: www.laveenlions.org.

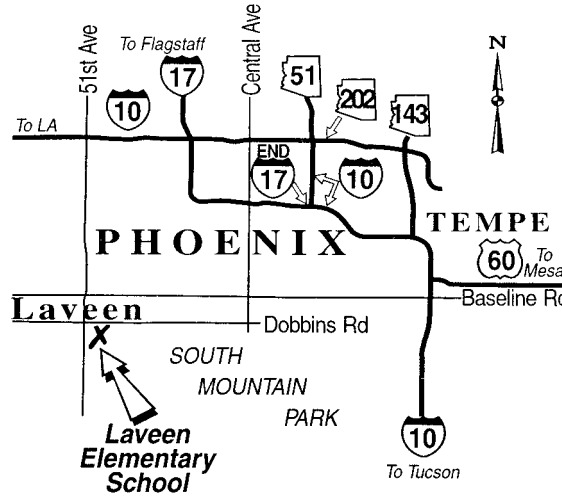
To learn more about the Laveen Lions visit us at www.laveenlions.org

WHEN:
Sunday, February 21st, 2010

- Registration opens at 7 a.m.
- 100Km Ride at 8 a.m.
- 35 Mile Ride at 8:30 a.m.
- 15 Mile Family Ride at 9 a.m.
- Laveen Pit BBQ at Noon

WHERE:
Start & Finish at:
Laveen Elementary School
51st Ave. & Dobbins Rd.
(1 mile south of Baseline Rd.)
Laveen, AZ

Take 51st Ave. South from I-10 or Dobbins Rd. West from Central Ave.



REGISTRATION FEES:

- \$35.00 Adult (\$30.00 GABA) if you register prior to event day.
- \$15.00 Children under 15 accompanied by adult.
- \$40.00 Day of event registration - for all adults
- Make checks payable to: **Laveen Lions Foundation**.
- Registration is also available online at www.active.com
- **BBQ Tickets can be purchased through the Laveen Community Council at www.laveen.org**

RIDE PACKETS:

The Ride packets for the Adult, GABA Members, and Child options include a T-shirt, course map, and raffle prize ticket. Additional shirts can be purchased at the event. For further info please call the ride hotline: **602.243.9403** or email: countrychallenge@laveenlions.org.

Laveen Country Challenge 2010 Registration Form
Only One Rider Per Registration Form

Please Mail to:
Laveen Lions
Laveen Country Challenge
P.O. Box 320
Laveen, AZ 85339

Make checks payable to
Laveen Lions Foundation

Name _____

Street / P.O. Box _____

City / State / Zip _____

Phone _____ Email _____

I will ride in the: 15 Mile 35 Mile 100Km

\$35 Preregistration \$15 Child \$30 GABA

Shirt Size: S M L XL 3XL

Amount Enclosed: \$ _____

WAIVER, RELEASE, AND ASSUMPTION OF RISK: In consideration of the Laveen Country Challenge Bicycle Tour accepting my application for entry in the event named here, as evidenced by my signature below, I hereby waive, release, and discharge the Laveen Country Challenge Bicycle Tour and its organizers, Laveen Lions, Laveen Community Council, Laveen Lions Foundation, the West Valley GABA, its chapters, officers, event leaders, volunteers, employees, organizers, sponsors, and participants from all claims for personal injury, property damage, or death resulting from my participation in this event. I realize there are certain dangers inherent in the sport of bicycling, and I assume these risks with full understanding that serious injuries, even deaths, may result from my participation in this event. I intend this release to discharge the above named from any and all liability arising from or connected in any way with my participation in this event, even though that liability may result from the negligence or carelessness of the above named. I certify that my bicycle is suitable for safe use in this event, that I am in good physical condition, and I am able to complete this event. I will obey all traffic laws at all times during this event and I understand that the Laveen Country Challenge Bicycle Tour recommends an ASTM approved helmet be worn at all times during this event. I have read this waiver and release and fully understand its terms, and agree that it shall be binding on my heirs and assigns. I consent to emergency medical care if injured or ill. I understand that the ride will officially end at 2:30 pm and all riders are at their own risk.

Rain or Shine

Signature _____

Parent or guardian's signature if less than 18 years of age _____